

The Michelangelo Method Newsletter

March 2008



[The Michelangelo Method: Release Your Inner Masterpiece and Create an Extraordinary Life](#) (McGraw-Hill, Jan. 2007)

We hope that you are having an extraordinary New Year!

You are receiving this newsletter because you subscribed to it through our website, www.michelangelomethod.com, or attended a Michelangelo Method workshop or presentation and agreed to subscribe.

We'll send out newsletters about once a month and we'll strive to provide useful information, insights, and inspirational real-life stories in each issue to support you in creating an extraordinary life that fits you.

We are committed to protecting your identity and we will never share or sell our mailing lists with anyone.

We invite your feedback, comments, and suggestions for improvement--please send to Ron@michelangelomethod.com.

Please Help Us to Spread the Word...

We invite you to pass this newsletter along to interested friends and colleagues and ask them to visit our website, www.michelangelomethod.com, and subscribe to our complimentary newsletter. As a bonus for subscribing they will immediately receive three articles from the companion workbook to *The Michelangelo Method*.

Sincerely,

Ron Paxton & Ken Schuman

Career and Life Coaches, and Co-authors of *The Michelangelo Method: Release Your Inner Masterpiece and Create an Extraordinary Life* (McGraw-Hill, Jan. 2007)



[The Michelangelo Method](#)

Kenneth Schuman,
Ronald Paxton

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Featured Article

CREATING YOUR EXTRAORDINARY LIFE

By Ken Schuman

I'm a big fan of Bruce Schneider, founder of the Institute for Professional Empowerment Coaching, where I received my training as a coach. Here's someone who survived a near-death experience, a car accident that should have killed him or at the very least crippled him for life, and turned it into a call to action- a clarion call to create for himself a meaningful life that would help multitudes of others. I'm told that such adversity often breeds heroic lives.

Michelangelo certainly lived such a life. His success was also born in adversity. His father literally tried to beat his artistic tendencies out of him so that he would join the family business. But Michelangelo suffered the blows and continued working on his drawing until he became so expert that he was accepted into the Florence's best art workshop.

The inspirational stories in our book, *The Michelangelo Method*, are about what most people might consider "smaller" lives. Your friends and neighbors, say. Ordinary people struggling with the ordinary problems of life. Daniel, a high school student, puts his college dreams on hold to support his fractured family. Heather takes her ailing, elderly mother into her home so that her parent can pass her final years in dignity. Catherine overcomes the inner voice that tells her that she not worthy of success. Mark relies on his integrity to overcome the prejudice that surrounds him.

Juxtaposing these lives with the stories of Michelangelo's struggles, I hope, allows the reader to understand that there are no "smaller" lives. That each of us has his or her own masterpiece to uncover at the intersection of our values, passions, and strengths. And that the results for each of us, as for Michelangelo, can be truly extraordinary.

Editor's Note: Do you have an inspirational story inside you that you'd like to see published in the Michelangelo Method Newsletter? If so, we'd love to hear from you. Please submit your article to info@michelangelomethod.com

We have an article published on Oprah.com

We invite you to visit Oprah.com to read an article "Finding Your Gift" written by Ron Paxton and Ken Schuman. The link is: [Finding Your Gift](#). If this link is not clickable for you please cut and paste the following URL into your browser address bar:

http://www.oprah.com/spiritself/beliefnet/200802/lybl_gift_b1.jhtml.

Workshop & Special Offer

Complimentary Workshop
Release Your Creative Genius on Saturday, March 15, 2008,
from 9:00 am-1:00 pm in Ringwood, NJ

Albert Einstein said that "The problems that exist in the world today cannot be solved by the level of thinking that created them." Four centuries earlier another creative genius said "The greater danger for most of us is not that our aim is too high and we miss it, but that it is too low and we reach it." His name was Michelangelo Buonarroti, one of the most creative geniuses who ever lived and who was still innovating and creating astonishing masterpieces in sculpting, painting, and architecture well into his 70's and 80's.

If you are seeking ways to release your creative genius in your career and in your life Ron Paxton and Ken Schuman, authors of *The Michelangelo Method: Release Your Inner Masterpiece and Create an Extraordinary Life* (McGraw-Hill, Jan. '07) invite you to a complimentary workshop "The Michelangelo Method: Release Your Creative Genius."

Based on principles derived from the life and works of this great Renaissance master,

Ron and Ken will show you how to:

- Discover your creative center
- Use your unique experience creatively
- Remove the blocks to creativity that hold you back
- Use new techniques to think creatively in solving problems and meeting new challenges
- Become an innovation leader and take your professional career to new levels of personal achievement and joy

Location:

Community Presbyterian Church (in the Fellowship Hall)
145 Carletondale Road
Ringwood, NJ 07456
201-405-0973

To Register:

Contact Ron Paxton at Ron@michelangelomethod.com or call him at 201-405-0973

Special Offer

As a Subscriber to the Michelangelo Method Newsletter we want to make another special offer. When you purchase our book, *The Michelangelo Method: Release Your Inner Masterpiece and Create an Extraordinary Life*, we will e-mail you a complimentary copy of the 44 page companion workbook, *Sculpt Your Personal Masterpiece* (a \$20 value).

We are using the honor system--simply e-mail Ron at Ron@michelangelomethod.com and let him know that you have, or have ordered the book by putting "Workbook" in the subject line and you'll get your workbook e-mailed to you.

Don't have the book yet? Simply click on the following link to find out more or to order it from Amazon.com: [Order The Michelangelo Method from Amazon.com](http://www.amazon.com/Order-The-Michelangelo-Method-from-Amazon.com)

Quick Links

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Sincerely,

Ron Paxton & Ken Schuman

co-authors of *The Michelangelo Method: Release Your Inner Masterpiece and Create an Extraordinary Life*



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